

## Volunteers Welcome

Elm St Mission needs both volunteers and financial support from the broader community to enable the work to function effectively.

If this is something that might interest you, please contact us by email.

Donations can be made to us at [www.givenow.com.au](http://www.givenow.com.au)

Elm St Mission



We acknowledge grants from Bendigo Bank, Commonwealth Government, Knox City Council and Uniting Church Synod of Vic/Tas that make our work possible.



Uniting Church in Australia  
SYNOD OF VICTORIA AND TASMANIA

Elm St Mission is an  
initiative of Bayswater  
Uniting Church

654 Mountain Hwy  
Bayswater

[www.elmstmission.org.au](http://www.elmstmission.org.au)

**Open Mon, Wed, Fri**  
**10 am to 2 pm**  
(during school terms)

0428 330 873  
[info@elmstmission.org.au](mailto:info@elmstmission.org.au)



ElmStMission



**ELM ST MISSION**

*A safe  
gathering place*



Elm St Mission provides a welcoming space for those with mental health and wellbeing issues and/or who are socially isolated.

We have a range of activities that promote connection, engagement, friendship, and a community setting to encourage each person's dignity and wellbeing.

To help people feel connected to each other, a team of volunteers provide lunch, a range of activities and an open community space where visitors can simply relax, have a cuppa or play games.



## ALL ACTIVITIES ARE FREE

- ◇ Daily coffee/tea and hang-out
- ◇ Lunch at 12pm
- ◇ Games
- ◇ Playing pool

### Other activities

- \* Art & Craft
- \* Music & Singing
- \* Exercise (e.g. Tai Chi/Zumba)
- \* Bingo



## WHY COME TO ELM ST MISSION?

- ◇ Elm St Mission is a safe gathering place
- ◇ Take time out for things you enjoy
- ◇ Nurture relationships and connect with others
- ◇ Get involved and join in, as you wish
- ◇ Build your confidence
- ◇ Be comfortable in your own skin
- ◇ Reach out for help if you need it

